

Concentra Dayton Locations

Dayton-South, 1435 Cincinnati St Ste 100, Dayton OH 45417 (P) 937-449-0800

Dayton-Troy, 228 Troy St, Dayton OH 45404 (P) 937-228-8132

Concentra Transportation Services

Concentra offers free Transportation on the initial visit – if you need transportation call the clinic that you are going (above) and they will set up for pick up. Once the ride is confirmed, the employee receives a text message indicating that a driver is on the way. Upon discharge, the center staff arranges return transportation. The driver transports the employee back to work or home, depending on need and distance.

Concentra Telemedicine

When to use Concentra Telemedicine

Grade I and II upper and lower extremity strains/sprains	First degree burns
Back strains/sprains (without significant limitations)	Neck strains/sprains (without significant limitations)
Contusions (without deformity)	Partial thickness abrasions
Contact occupational dermatitis (rashes)	Tendonitis/repetitive-use injuries

Bloodborne pathogen exposures

Concentra between 8-5 M-F (new injuries/follow up)

- 1. Call the center you would like to have the Telemedicine visit or where your initial visit took place for follow up visit
- 2. The center will create an account and schedule your visit.
- 3. You will receive an email to setup your password and access Concentra Telemedicine at the time of your visit.
- 4. Open the link in your email in your web browser (Google Chrome, Firefox, or Safari).
- 5. Follow the instructions onscreen to set your password.
- 6. Once you have access to your account, click "Account" and then "Add Service Key." In the field that comes up, type "Injury" and then click "Add."
- 7. Once you are on your home screen, click the appointment icon or the notification popup to start your visit.
- 8. A Concentra colleague will greet you and check you in the for the visit.
- 9. When the clinician is ready, he or she will connect and perform your visit via video.
- 10. After the visit, a Concentra colleague will complete check out and schedule any needed follow-ups. You will receive your visit paperwork via email.

Concentra Telemedicine After Hours and Weekends

- 1. Employees need a quiet, private location for the visit.
- 2. They will need a computer, smartphone, or mobile device with a webcam and microphone.
- 3. An internet connection is required.
 - Desktop/laptop <u>www.concentratelemed.com</u>
 - Tablet/smartphone Download the Concentra Telemed app via the Apple App Store or Google Play.
 - We recommend using Google Chrome for the best experience.
- 4. Employees will need an active email address and create a password.

5. When the visit starts, employees will present a valid photo ID or driver's license.